



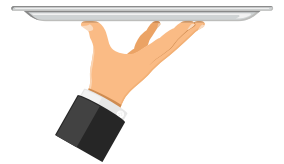
# MAKE COMMUNICATION EASIER WITH COMM CARD

Part 1: February 28th  
5-7pm

Part 2: March 20th  
5-7pm

Central Oregon Collective  
62070 SE 27th St  
Bend, OR

Free Dinner  
Provided!



A CommCard is a tool that can help you communicate with helping professionals such as law enforcement or healthcare professionals in your community so they can support you better! Join us to learn more about this tool and how to use one!

In This Training, Adults With Disabilities 18 and Older Will:

- Learn what you can include on your CommCard.
- Create your own CommCard.
- Practice using a CommCard with a helping professional.

Spanish trainings coming to our Spanish support groups soon!

¡Pronto tendremos capacitaciones en español para nuestros grupos de apoyo en español.



Misha Marie  
Social Navigator with the  
Arc of Benton County

BROUGHT IN  
PARTNERSHIP BY:



Click or Scan  
here to register!



Self-advocates are encouraged to bring one support person with them to both trainings. To register, visit:  
<https://www.codsn.org/events-and-calendar/>  
Questions? 541-548-8559 or [info@codsn.org](mailto:info@codsn.org)